

## January 2019 Newsletter

Last month, we took a look at PASS Summit and how women were represented there as speakers. We also have some statistics about women speaking at SQL Saturdays last year.

In 2018, there were 475 sessions presented by women at SQL Saturday events which is an 11% increase over 2017.

Top 3 SQL Saturday events with the most sessions presented by women

Baton Rouge: 22 sessions  
Columbus: 15 sessions  
Denver: 14 sessions

All-Star SQL Saturday and PASS Summit Presenters!

25 Tracy Boggiano: 23 solo sessions and 2 group sessions  
20 Kellyn Pot'Vin-Gorman: 19 solo sessions and 1 group session  
17 Janis Griffin: 17 sessions  
16 Amy Herold: 15 solo sessions and 1 group session  
14 Marsha Pierce: 14 solo sessions  
13 Kathi Kellenberger: 13 solo sessions  
12 Angela Henry: 12 solo sessions  
11 Monica Rathbun: 11 solo sessions  
10 Jennifer McCown: 10 solo sessions  
10 Leila Etaati: 10 solo sessions

Thanks to these speakers for representing us so well.

Each month we feature a blogger, and this month it is [Monica Rathbun](#). Monica is a Data Platform MVP with over 15 years of experience with database platforms. She is a user group leader, frequent speaker, and a PASS Regional Mentor.

Interested in starting your own blog? We can help get you started. Just send us a note at [wit@pass.org](mailto:wit@pass.org).

Once again, we would like to thank our sponsors for supporting our group. They provide funds that make virtual groups possible. We also award a gift certificate at each webinar to one lucky attendee thanks to the funds provided.

With a foreword from Donovan Brown, Principal DevOps Manager at Microsoft, Redgate's [2019 State of Database DevOps Report](#) shares the latest insights into DevOps adoption among SQL Server professionals. Read the report to understand the benefits and challenges of adopting database DevOps alongside broader DevOps initiatives and sign up for the [free live webinar](#), hosted by Donovan Brown and Microsoft MVP Steve Jones.

Redgate's Kendra Little will be talking about "How DevOps keeps DBAs safe from being automated out of a job" with Redgate's James King and my fellow Microsoft MVPs [Hamish](#)

[Watson](#) and [William Durkin](#) on Thursday, March 28<sup>th</sup>. Please join us for this free panel to discuss the future of DBA careers, and why DBAs are essential to DevOps. [Register here](#).

Healthy servers = happy servers. Keep your New Year's resolutions going strong, join the [#ServerHealthChallenge](#). SentryOne is giving away prizes now through the month of March for folks who send in a screenshot of their SQL Server Environment Health Overview scores. [Visit](#) the contest page for details.

The top-rated database performance monitoring solution from SentryOne is now available in an edition that's right-sized for smaller environments. [SQL Sentry Essentials](#) includes the core features of their flagship monitoring product, SQL Sentry, and is perfect for monitoring environments of up to five targets (SQL Server instances). Be the first in line by joining the [preview](#).

--Rie and Kathi

## Time Away from Work

I'm finally working at a job where I can completely forget about work email and deadlines on the weekends and days off. It's hard to get out of the habit of checking in, though, but I can feel the difference in my stress levels. My weekends have been filled with family time, reading, and catching up on my movie list. I don't have small kids at home, but I do spend a lot of time with grandchildren. It's the best work-life balance I've had in decades.

Many IT professionals, especially DBAs, can feel like they are always connected to their jobs. One cause could be the fact that quite a bit of work must be done during off hours. There is also on-call time that could be "all the time" for a solo DBA. Unfortunately, this leads to burn-out and job dissatisfaction. If you have a job you love, you may not mind dealing with some work during the weekends, holidays, or vacations. But, when it gets to be too much, it's not healthy. Organizations should try harder to make sure that their employees are able to disconnect from the job and enjoy that well-earned time off.

Off hour work is more difficult for parents, and it's even more important for them to be allowed to disconnect. Remote work and flexible schedules can also go a long way to helping employees be great at their jobs while also allowing them to take care of responsibilities at home.

I'm lucky at this point in my life, but I've paid my dues over the years with some 70 hour work weeks, countless 4 am server patching sessions, and meetings attended while on vacation. Those days are over for me, and I'm not going back!

--Kathi

## Great Links

We are always looking for input from our members. Please drop us a line at [wit@pass.org](mailto:wit@pass.org) if you have a link you would like to share, would like to write an article for the newsletter, or if you would like to present a webinar. We are looking for any topic that would be interesting to the WIT group and data platform topics presented by women. This is a great way to get experience as a speaker.

[How to Disconnect from Work on Vacation – And Still Get Things Done](#)  
[Work-Life Balance for Parents: Is it Achievable?](#)  
[IT Professionals Are Too Stressed To Take Time Off At Christmas](#)

## Webinar Schedule

Date	Session	Speaker
<b>Feb 5, 2019</b>	<a href="#">Profiling Your Data</a> Business Analytics Group	Angela Henry
<b>Feb 12, 2019</b>	<a href="#">Winning the Head Game in 2019</a>	Bobbi Jo Brighton
<b>Feb 13, 2019</b>	<a href="#">Everything You Need to Know About SQL Server Indexes</a> DBA Group	Janice Griffen
<b>Mar 5, 2019</b>	<a href="#">Stored Procedure Optimization Techniques</a> DBA Fundamentals Group	Kimberly Tripp
<b>May 21, 2019</b>	<a href="#">DevOps Fundamentals: What, who, why and How?</a> DBA Fundamentals Group	Kendra Little

## SQL Saturdays

Event	Location	Date	Session Title	Presenter
<b>SQL Saturday #821</b>	Cleveland	2-2-2019	<a href="#">Introduction to Azure Search</a>	Julie Smith
<b>SQL Saturday #821</b>	Cleveland	2-2-2019	<a href="#">A Perfect Ten: The Data Model</a>	Leslie Andrews
<b>SQL Saturday #821</b>	Cleveland	2-2-2019	<a href="#">Performance Tuning, Getting the Biggest Bang for Your Buck</a>	Monica Rathbun
<b>SQL Saturday #821</b>	Cleveland	2-2-2019	<a href="#">Data Compression: Squeeze Out Some Free Gains</a>	Jess Pomfret
<b>SQL Saturday #821</b>	Cleveland	2-2-2019	<a href="#">Introduction to Query Store</a>	Erin Stellato
<b>SQL Saturday #821</b>	Cleveland	2-2-2019	<a href="#">PowerShell for the DBA</a>	Amy Herold
<b>SQL Saturday #821</b>	Cleveland	2-2-2019	<a href="#">Taming of the Shrew - Optimizing Power BI</a>	Kellyn Pot'Vin-Gorman
<b>SQL Saturday #821</b>	Cleveland	2-2-2019	<a href="#">Data Virtualization - SQL Server 2019 Enhanced PolyBase</a>	Kimberly St Jacques Michael Grayson

<b>SQL Saturday #821</b>	Cleveland	2-2-2019	Using distributed AGs for your migrations	Elizabeth Noble
<b>SQL Saturday #821</b>	Cleveland	2-2-2019	The Curious Case of the Foreign Key	Lisa Bohm
<b>SQL Saturday #807 Pre-Con</b>	Redmond	2-8-2019	SQL Server Internals for Performance	Kalen Delaney
<b>SQL Saturday #807</b>	Redmond	2-9-2019	Everlasting Issues with Temporary Tables and tempdb	Kalen Delaney
<b>SQL Saturday #807</b>	Redmond	2-9-2019	Why Solidity is Solid – Basics of Ethereum, Smart Contracts, and Blockchain	Swatika Sarangi
<b>SQL Saturday #807</b>	Redmond	2-9-2019	Practical Visual Guidance for PowerBI	Yana Bergovich
<b>SQL Saturday #807</b>	Redmond	2-9-2019	Keys to Successfully Governing Power BI for your Organization	Amie Mason
<b>SQL Saturday #807</b>	Redmond	2-9-2019	Taming of the Shrew - Optimizing Power BI	Kellyn Pot'Vin-Gorman
<b>SQL Saturday #807</b>	Redmond	2-9-2019	Introduction to Azure AI - The Art of the possible	Melody Zacharias